

## Mental Health Satellite Meeting

Saturday 31 August – Sunday 1 September, 2024

Rydges Hotel, Queenstown, New Zealand

### Saturday 31 August

Time	Details	Location
<b>Session 1: Protecting wellbeing: From organisations to individuals</b>		
<b>Chair: Dr Olivia Harrison (University of Otago)</b>		
8:50am-9:00am	<b>Welcome: Dr Olivia Harrison and Prof Bruce Russell</b> Co-Chairs of the Mental Health Meeting	Dart room, L7
9:00am-9:45am	<b>Dr Denise Quinlan (MH1)</b> Director, New Zealand Institute of Wellbeing and resilience <i>Making Work Better: How leading organisations are winning with people</i>	Dart room, L7
9:45am-10:30am	<b>Dr Olivia Harrison (MH2)</b> Rutherford Discovery Fellow and Senior Lecturer, University of Otago <i>Breathing perception and its relationship with anxiety</i>	Dart room, L7
10:30am-11:00am	<b>Morning tea</b>	Reds bar, L6
<b>Session 2: A critical look at mental health services in Aotearoa</b>		
<b>Chair: Prof Bruce Russell (University of Otago)</b>		
11:00am-11:45am	<b>Dr Ian Soosay (MH3)</b> Division of Mental Health & Addiction, Te Whatu Ora Counties Manukau, Auckland <i>Health Reform in New Zealand: What are the opportunities to grow mental health research?</i>	Dart room, L7
11:45am-12:30pm	<b>Prof Robert Kydd (MH4)</b> Emeritus Professor of Psychiatry at the University of Auckland; Chairs of the board of the Anxiety New Zealand Trust and the Oakley Mental Health Research Foundation <i>Some future challenges for mental health service provision in New Zealand</i>	Dart room, L7
12:30pm-1:30pm	<b>Lunch</b>	Bazaar Restaurant and Reds Bar, L6
<b>Session 3: Mental health insights</b>		
<b>Chair: Dr Olivia Harrison (University of Otago)</b>		
1:30pm-2:00 pm	<b>Claire Achmad (MH5)</b> Chief Children's Commissioner, Mana Mokopuna <i>What helps and what gets in the way? What children and young people tell me about their mental health</i>	Dart room, L7
2:00pm-2:15pm	<b>Miss Sarah Woollard (MH6)</b> CEO of the Anxiety New Zealand Trust <i>Anxiety NZ Trust: an NGO charity for positive mental health and the prevention and treatment of anxiety and related conditions</i>	Dart room, L7
2:15pm-2:30pm	<b>Ms Sophie Morris (MH7)</b> Head of Marketing and Fundraising at Oakley Mental Health Research Foundation <i>The Evolution and Impact of Whau Mental Health Research Foundation</i>	Dart room, L7

2:30pm-2:45pm	<b>Dr Angela Lim (MH8)</b> CEO and co-founder of Clearhead <i>Role of psychosocial risks in workplace wellbeing</i>	Dart room, L7
2:45pm-3:00pm	<b>Ms Sarah Laurie (MH9)</b> Founder of Take a Breath <i>Modern-day Disordered Breathing Syndrome and its effect on subclinical anxiety disorders</i>	Dart room, L7
3:00pm-3:30pm	<b>Afternoon Tea and Coffee Break</b>	L5 Lobby
<b>Session 4: The importance of Māori voices in tackling mental health issues in Aotearoa</b> <b>Chair: Dr Olivia Harrison (University of Otago)</b>		
3:30pm-5:00pm	<b>Dr Jacquelyn Elkington (MH11)</b> Senior Lecturer, University of Otago <i>Mental Health for Māori is Mental Health for All!</i>	Dart room, L7
5:00pm-6:00 pm	<b>Poster Session</b>	Marquee, L7
5:30pm-7:00pm	<b>Evening Social Function</b> <i>sponsored by 10x Genomics – Millennium Science</i>	Trade Area, L4
7:30pm-9:30pm	<b>Mental Health &amp; Cancer Evening Function</b> <i>Ticket holders only</i>	Winnies Gourmet Pizza Bar, The Mall

<b>Sunday 1 September</b>		
<b>Time</b>	<b>Details</b>	<b>Location</b>
<b>Session 5: Mental health research in Aotearoa</b> <b>Chair: Prof Bruce Russell (University of Otago)</b>		
8:00am-8:15am	<b>Miss Sara Crellin (MH12)</b> PhD student, University of Otago <i>EEG biomarkers and dysconnectivity in bipolar disorder</i>	Dart room, L7
8:15am-8:30am	<b>Mr Thomas Cawood (MH13)</b> PhD student, University of Otago <i>Investigating Neurobiological Correlates of Schizotypy Using Multimodal MRI in a Subclinical Cohort</i>	Dart room, L7
8:30am-9:00am	<b>Prof Paul Glue (MH14)</b> Professor in Psychological Medicine, University of Otago; Consultant Psychiatrist <i>Taming ketamine – can formulation changes reduce dissociation and sedation symptoms in depressed patients?</i>	Dart room, L7
9:00am-9:15am	<b>Dr Caroline Walker (MH15)</b> Senior Research Fellow, University of Auckland <i>Genetic association analysis for depression symptoms in a diverse cohort of New Zealand young people</i>	Dart room, L7
9:15am-10:00am	<b>Prof Joseph Boden (MH16)</b> Principal Scientist for the Christchurch Health and Development Study (CHDS), University of Otago, Christchurch <i>Long term outcomes associated with adolescent ADHD: evidence from the Christchurch Health and Development Study</i>	Dart room, L7
10:00am-10:30am	<b>Morning tea</b>	Trade Area, L4

<b>Session 6: Mental Health research in Aotearoa: Interventions</b>
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<b>Chair: Dr Olivia Harrison (University of Otago)</b>		
10:30am-10:45am	<b>Mrs Sophie Cawood (MH17)</b> PhD student, University of Otago <i>Preliminary findings that Ketamine increases GABA levels in the amygdala two hours post infusion in people with treatment resistant anxiety</i>	Dart room, L7
10:45am-11:00am	<b>Dr Samantha Groves (MH18)</b> Clinical Psychologist, Te Whatu Ora Waitaha <i>Cognitive Predictors of Response to Interpersonal Social Rhythm Therapy in Mood Disorders</i>	Dart room, L7
11:00am-11:15am	<b>Ms Ella McLeod-Edwards (MH19)</b> Masters student, University of Otago <i>Exploring the Effect of SSRIs on Interoceptive and Exteroceptive Perceptions in Individuals with Anxiety</i>	Dart room, L7
11:15am-11:30am	<i>Break</i>	Dart room, L7
11:30am-11:45am	<b>Miss Maddie Connor (MH20)</b> PhD student, University of Otago <i>The effect of an acute bout of self-selected intensity exercise on anxiety and anxiety sensitivity in moderately anxious individuals</i>	Dart room, L7
11:45am-12:00pm	<b>Mr Jamieson Paul (MH21)</b> PhD student, University of Otago <i>Investigating the effect of exercise on physiological and perceptual hypercapnic responses in anxiety</i>	Dart room, L7
12:00pm-1:30pm	<b>Lunch</b>	Trade Area, L4
<b>Session 7 (Parallel with AWCBR): Māori and Pacific research in Aotearoa</b>		
<b>Chair: Dr Olivia Harrison and Prof Bruce Russell (University of Otago)</b>		
1:30pm-2:15pm	<b>Prof Faafetai Tai Sopoaga (MH22)</b> Director, Va'a o Tautai, University of Otago; General Practitioner and Public Health Physician <i>Tagata o Te Moana Nui a Kiwa – mental health and well-being of Pacific youth in Aotearoa</i>	Dart room, L7
2:15pm-3:00pm	<b>Dr Ainsleigh Cribb-Su'a &amp; Ms Kahu Ama (MH23)</b> Director of Research and Evaluation, National Hauora Coalition <i>Hauora Hinengaro o te Whaea – Assessment tool development</i>	Dart room, L7
3:00pm-3:30pm	<b>Dr Miriama Ketu-Mackenzie (MH24)</b> Registered Clinical Psychologist; Senior Professional Practice Fellow, University of Otago <i>Starting well: Improving Māori mental health by focusing on the first 2000 days of life</i>	Dart room, L7
3:30pm-3:35pm	<b>Dr Olivia Harrison &amp; Prof Bruce Russell</b> University of Otago <i>Closing remarks and speaker prizes (sponsored by ClearHead)</i>	Dart room, L7
3:30pm-4:00pm	<b>Afternoon Tea and Coffee Break</b>	Trade Area, L4
	<b>Free Time</b>	
<b>QRW Plenary Lecture</b> <i>sponsored by illumina</i>		
6:30pm-6:40pm	<b>Intro to QRW and Hon Judith Collins</b>	Queenstown & Wakatipu room, live stream Clancy's, L5

6:40pm-7:00pm	<b>Conference Opening</b> <b>Hon Judith Collins</b> Minister Science Innovation and Technology, NZ Government	Queenstown & Wakatipu room, live stream Clancy's, L5
7:00pm-7:40pm	<b>QRW Plenary:</b> <b>Prof Jane Harding</b> University of Auckland <i>Why planning a research career is futile but fun</i>	Queenstown & Wakatipu room, live stream Clancy's, L5
7:40pm-8:20pm	<b>QRW Plenary:</b> <b>Prof Sir Ashley Bloomfield</b> University of Auckland <i>How does research inform health policy and practice in New Zealand, and how can we do better?</i>	Queenstown & Wakatipu room, live stream Clancy's, L5
8:20pm-9:30pm	<b>Evening Social Function</b> <i>sponsored by Bio-Strategy</i>	Trade Area